



Why Us

Carly is the director & principal speech pathologist at Hastings Macleay Speech Pathology.

Carly has over 14 years of experience working with adults in voice care and communication, with expertise in helping professionals protect and strengthen their voice — including teachers just like you.

Teachers are the highest group of professional voice users experiencing voice difficulties

Contact Us

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Chalk to Talk

A Voice Workshop
for Teachers

HASTINGS
MACLEAY
SPEECH PATHOLOGY



About



What is “Chalk to Talk: A Voice Workshop for Teachers”

Carly already supports dozens of teachers across the region who are experiencing voice fatigue, strain, or hoarseness — often without realising how preventable it can be.

Rather than waiting until problems arise, Carly is offering this workshop to help larger groups of educators take proactive steps toward healthier, stronger voices.

If so many teachers are needing one-on-one support, why not learn together and support each other in a cost-effective, practical group setting?

How



How is the program delivered?

Carly & her team will send out a questionnaire for teachers to complete prior to the delivery which asks about current voice concerns, behaviours and vocal health. This helps Carly to tailor the program towards those with identified risks & concerns.

Carly can come to your school after hours to delivery the program or hold it in a convenient location.

The delivery is for 1 hour.

Why



What will you get out of the workshop?

Teachers are among the highest group of professional voice users to experience ‘dysphonia.’ Dysphonia is a voice difficulty which can impact pitch, loudness, quality or strength of the voice.

This means that it is so important for teachers to take care & prevent voice problems so that they are not at risk of sick days or long term voice difficulties

You will receive an engaging talk from Carly, covering;

- Why teachers are at risk
- How the voice works
- Types of voice disorders
- Preventing voice problems
- Practical tips to implement in the classroom
- Good vocal hygiene measures
- Discounted one-on-one sessions if needed by Carly